

Dukeries Leisure Centre

Swimming Timetable

Monday

07.00 - 08.00	Laned Swim *
09.30 - 11.30	Aquababes/Pre-School Lessons
12.00 - 12.45	Laned Swim *
15.00 - 15.45	Laned Swim *
16.00 - 18.30	Swimming Lessons
18.45 - 19.30	Public Swim
19.45 - 20.30	Laned Swim *

Tuesday

07.00 - 08.00	Laned Swim *
12.00 - 12.45	Laned Swim *
15.00 - 15.45	Laned Swim *
16.00 - 18.30	Swimming Lessons
18.45 - 19.30	Aqua Aerobics
19.45 - 20.30	Laned Swim*

Wednesday

07.00 - 08.00	Laned Swim *
12.00 - 12.45	Laned Swim *
15.00 - 15.45	Laned Swim*
16.00 - 18.30	Swimming Lessons
18.45 - 19.30	Public Swim
19.45 - 20.30	Ladies Swim*

Thursday

07.00 - 08.00	Laned Swim *
12.00 - 12.45	Laned Swim *
15.00 - 15.45	Laned Swim *
17.15 - 18.00	Aqua Aerobics
18.15 - 19.15	Family Fun Swim (rafts and floats)
19.30 - 20.15	Laned Swim*

Friday

07.00 - 08.00	Laned Swim *
10.30 - 11.15	Aqua Aerobics
15.00 - 15.45	Laned Swim
16.00 - 18.30	Swimming Lessons
18.45 - 19.45	Public Swim

Saturday

09.00 - 11.00	Swimming Lessons
11.15 - 12.00	Family Fun Swim (rafts and floats)
12.15 - 13.00	Family Fun Swim (rafts and floats)
13.00 - 14.00	Available for Pool Parties
14.00 - 15.00	Family Fun Swim (rafts and floats)
15.15 - 16.15	Family Fun Swim (rafts and floats)
16.30 - 17.30	Laned Swim *

Sunday

08.00 - 09.00	Laned Swim *
09.15 - 10.15	Laned Swim *
10.30 - 11.30	Family Fun Swim (rafts and floats)
11.45 - 12.45	Family Fun Swim (rafts and floats)
13.00 - 14.00	Available for Pool Parties
14.00 - 15.00	Family Fun Swim (rafts and floats)
15.15 - 16.15	Laned Swim *

CUSTOMER INFORMATION

Children's swimming lessons are available for all ages. Please speak to Customer Services for times and availability

KEY: *	Must be able to swim 40m unaided
(U8's)	Children of 7 years and under
(H20)	Height restrictions apply, max 1.5m and able to swim 20m on their front. Max age for inflatables 13yrs

All pool sessions include customer changing, set up and take down time

Swimming facilities are cleaned regularly throughout the day

WE ARE CLOSED ON BANK HOLIDAYS